

TRENINGER STORE BANEN - VINTER 2021/22

	Mandag				Tirsdag				Onsdag				Torsdag				Fredag			
	A1	A2	B1	B2	A1	A2	B1	B2	A1	A2	B1	B2	A1	A2	B1	B2	A1	A2	B1	B2
15:00-15:30					GIFFO	GIFFO	GIFFO	GIFFO									GIFFO	GIFFO	GIFFO	GIFFO
15:30-16:00	G09	G09	G09	G09	GIFFO	GIFFO	GIFFO	GIFFO			J07	J07	G06	G06			GIFFO	GIFFO	GIFFO	GIFFO
16:00-16:30	G09	G09	G09	G09	GIFFO	GIFFO	GIFFO	GIFFO			J07	J07	G06	G06			GIFFO	GIFFO	GIFFO	GIFFO
16:30-17:00	G09	G09	G09	G09							J07	J07	G06	G06			GIF Utv	GJ06	Jr	Jr
17:00-17:30	G10	G10	G11	J08-10	J08-10	J08-10			G12	G13	G11	G11	J08-10	J08-10	G10	G11	GIF Utv	G07/08	Jr	Jr
17:30-18:00	G10	G10	G11	J08-10	J08-10	J08-10			G12	G13	G11	G11	J08-10	J08-10	G10	G11	GIF Utv	G07/08	Jr	Jr
18:00-18:30	G10	G10	G11	J08-10	J08-10	J08-10			G12	G13	G11	G11	J08-10	J08-10	G10	G11	GIF Utv	GJ09	Jr	Jr
18:30-19:00	J07	J07			G06	G06	G07/08	G07/08	J07	J07	G09	G09	G07/08	G07/08	Jr	Jr				
19:00-19:30	J07	J07			G06	G06	G07/08	G07/08	J07	J07	G09	G09	G07/08	G07/08	Jr	Jr				
19:30-20:00	J07	J07			G06	G06	G07/08	G07/08	J07	J07	G08	G09	G07/08	G07/08	Jr	Jr				
20:00-20:30	SEN	SEN	JR	JR	C-lag		OB	OB	SEN	SEN	JR	JR	SEN	SEN	SEN	SEN				
20:30-21:00	SEN	SEN	JR	JR	C-lag		OB	OB	SEN	SEN	JR	JR	SEN	SEN	SEN	SEN				
21:00-21:30	SEN	SEN	JR	JR	C-lag		OB	OB	SEN	SEN	JR	JR	SEN	SEN	SEN	SEN				

TID	Lørdag				Søndag			
	A1	A2	B1	B2	A1	A2	B1	B2
11:00	GIF Eks	GIF Eks						
11:30	GIF Eks	GIF Eks						
12:00	GIF Eks	GIF Eks						
12:30	G07/08	G07/08						
13:00	G07/08	G07/08						
13:30	G07/08	G07/08						
14:00								
14:30								
15:00								
15:30								
16:00								
16:30								
17:00								

TOM FREDDY



Lede treningen



- 1) Ikke hovedansvar - veileder
- 2) Hovedansvar i 45 min - ikke spillet.

G15
G14
G13
G12
G11
G10
G09
G07/08
G06
Jr
Sen
OB
Hvitt er ledig

BINGENE - VINTER 2021/22

	Mandag			Tirsdag			Onsdag			Torsdag			Fredag				Lørdag			Søndag		
TID/BANE	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3	TID	1	2	3	1	2	3
15:00-15:30																11:00						
13:30-16:00																11:30						
16:00-16:30																12:00						
16:30-17:00																12:30						
17:00-17:30	G13	G13	G13										G15	G15	G15	13:00						
17:30-18:00	G13	G13	G13	G14	G14	G14							G15	G15	G15	13:30						
18:00-18:30	G12	G12	G12	G14	G14	G14	Stjernelaget			G14	G14	G14				14:00						
18:30-19:00	G12	G12	G12	G14	G14	G14	Stjernelaget			G14	G14	G14				14:30						
19:30-20:00																15:00						
20:00-20:30																15:30						
20:30-21:00																16:00						
21:00-21.30																16:30						

NYE BINGEN - GRUSBANEN - VINTER 2021

TID/BANE	Man	Ti	On	To	Fr	TID	Lø	Sø
15:00-15:30						11:00		
13:30-16:00						11:30		
16:00-16:30						12:00		
16:30-17:00						12:30		
17:00-17:30		Gatel.		Gatel.		13:00		
17:30-18:00		Gatel.		Gatel.		13:30		
18:00-18.30		Gatel.		Gatel.		14:00		
18:30-19:00						14:30		
19:30-20:00						15:00		
20:00-20.30						15:30		
20:30-21:00						16:00		
21:00-21.30						16:30		